

SESOTHO CLOTH NAPPIES CHEAT SHEET

Mefuta ya Maleiri a Lesela

- Leleiri la lesela = kgetla e thibelang metsi (*waterproof*) kantle, (ka mohlala PUL) + karolo e tla monya metsi ka hare
- Khavara = kgetla e thibelang metsi (*waterproof*), *Inserts* (lesela le kenang ka hare), *flats* (lesela leo o imenelang lona), *fitteds* (le leiri le rokilweng, lekantsweng, leo dikarolo tsa lona kaofela dikgonang ho monya metsi), *prefolds* (le leiri le tlang le menilwe) = mefuta e fapaneng ya karolo tse monyang metsi tsa leleiri
- **AIO** = dikarolo tsohle di rokelletswe hoetsa ntho e lengwe
- **AI2** = khavara + lesela le monyang metsi le konopelwang
- **Pockets** (Pokotho) = khavara e rokelletsweng pokotho + lesela le monyang metsi.
- **Hybrid fitted** = leiri le rokilweng, lekantsweng, leo dikarolo tsa lona tsa kahare dikgonang ho monya metsi empa kgetla ya lona ena le boyo (*fleece*) bo patueng ka hare bo kgonang ho thibela metsi

AIO - All in One



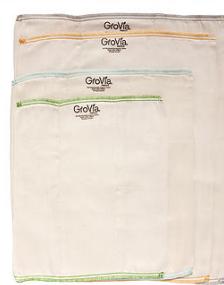
AI2 - All in Two



Flat



Prefold



Hybrid Fitted



Fitted

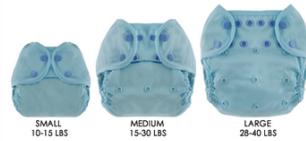


Pocket



Sizing

NB: Tswalang - 7kg
OS: 5+kg
Boholo bo fetolwa ka dikonopo



A ma kae?

- A tla lekanang ho tjhentjha lesea le qetang ho tswalwa makgetlo a 36; a boholo bo le bong a tla lekanang ho tjhentjha makgetlo a 24

O RENG?

Fluff: Maleiri a lesela
NB: Lesea le qetang ho tswalwa
OS: Boholo bo le bong
OTB: Le aparueng/le maraong
RAOK: ketso ya mosa ya neng le neng
Sposie: Maleiri a lahluang
WAHM: Mme a sebelletsang lapeng la hae

LEKA Tobetsa Mona!

Mesebetsi ya maleiri a lesela e nka metsotso e 10 feela ka letsatsi!

HO REKA Tobetsa Mona!

**A molemo haholo ka ho fetisa ke a feng?
Bongata ba di lebole di sebetsa hantle, jwalo ka di jean, ho tla tswa ka hore motho yena o thabela a feng**

Ke tla hlokang hape ho re ke kgone ho sebedisa maleiri a lesela?

- Khabinete (Bakeng sa ho beha maleiri a hlwekileng)
- Emere e omeng kapa e senang metsi (bakeng sa ho beha maleiri a ditshila)
- Tsa boikgethelo- ntho ya ho tsokotsa maleiri ntlwaneng (*diaper sprayer*), masela a ho phumula, di laenara tse folashehang kapa tse lahluang, setlolo sa maraho se sa senyeng maleiri



R2 400	VS	R14 160
Maleiri a lesela a boholo bo le bong VS Maleiri a lahluang		
R1 440	VS	R4 392

HLOKOMELA: bakeng sa maleiri a theko e tlaase le ho feta, leka a boiketsetso (*DIY*) kapa a sebedisitsweng (*preloved*)



A hlatsua jwang?

- Boloka maleiri a ditshila ka hara emere e senang metsi (tsokotsa mantle ntlwaneng haebaneng lesea la hao le se le qadile ho ja dijo)
- Sebedisa sesepa se seng le seng sa diaparo se tlwaelehileng
- Tshela tekanyo e kgothalleditsweng sesepeng ya ho hlatswa diaparo tse silafetseng haholo
- Mokgwa wa ho hlatswa- tsokotsa pele(pre rinse), kgetha saekele e telele motjhining wa ho hlatswa diaparo, tsokotsa hape haebaneng ho sa na le lekweba la sesepa le setseng, omisa maleiri ka ho a aneha terateng ya diaparo kapa ka motjhini wa ho omisa diaparo o sa tjheseng haholo

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